

Paved: ——— Gravel: - - - -

Note: All riders (paved & gravel) use the same paved roads for the first 10-15 miles & last 10-15 miles each day.
Note: This map **does NOT** include the route from Newington Fire to Portsmouth Senior Center, that is another 5 miles.
Note: Gravel route is about 45 + or - miles of gravel, the rest is paved. Rockingham Rail Trail and Bear Brook trails.

