

Ride for Muscular Dystrophy!

Join us for the 24th Annual TRANS NH BIKE RIDE

June 24-26, 2011

1, 2, or 3-day rides

- great support
- daily massages
- best scenery
in NH
- riders of all
levels welcome



For more information contact:
transnhbike@comcast.net or
www.transnhbikeride.org