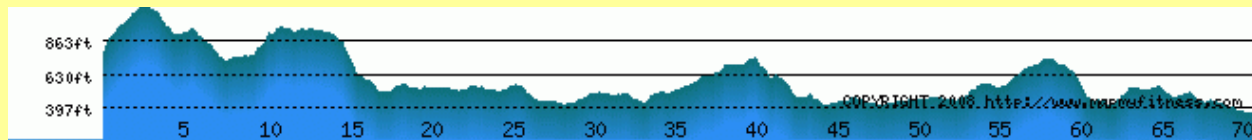


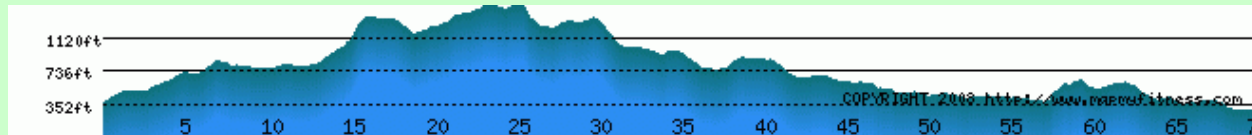
Day 1 - Canadian Border - Littleton, NH
 Highest elevation: 2,243 Total Ascent: 1,587
 Lowest elevation: 735 Total Descent: (3,095)
 Total Miles: 97.25 Net for day: (1,508)

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Day 2 - Littleton - West Lebanon, NH
 Highest elevation: 1,097 Total Ascent: 2,051
 Lowest elevation: 351 Total Descent: (2,490)
 Total Miles: 71.4 Net for day: (439)

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Day 3: West Lebanon - Concord, NH
 Highest elevation: 1,505 Total Ascent: 2,449
 Lowest elevation: 276 Total Descent: (2,525)
 Total Miles: 70.2 Net for day: (75)

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