

AFTER THE RIDE BEGINS, EVERYTHING YOU NEED IS INCLUDED!

- Deluxe accommodations (with massage therapists)
- Breakfast & dinner
- Support vehicles & sag-wagons at short intervals
- Refreshments
- Trans-NH T-shirts
- Fire Department escorts on final day
- The **Best Scenery** NH has to offer
- The rewarding & memorable experiences of helping individuals with neuromuscular diseases
- Riders who collect over \$1,200 receive official Trans-NH cycling attire

IMPORTANT

- Riders under 18 must request Board approval
- Helmets are MANDATORY – anyone **NOT** wearing a helmet will be asked to withdraw from the ride
- All riders must obey safety rules as established by State Motor Vehicle Laws
- The Board of Directors of the Trans-NH ride reserve exclusive right to reject, refuse or exclude any application by a rider or support crew member from the sponsored ride
- Register early!! The 3-day event is limited to 125 riders. All repeat riders have priority. All other applications will be processed on a first-come, first-serve basis.

HOW CAN I LEARN MORE?

You can call any of the following:

- John Carlson – 603.483.5886
- Justin Cutting – 603.944.2433
- Bart Hemmerich – 603.566.5708
- Michael Roberts – 603.584.9392
- Pat Robertson – 603.966.7929
- Brian Wade – 603.608.8932
- Pam Wright – 603.801.0243

Go to our website at www.transnhbikeride.org

HOW DO I REGISTER?

You must submit your application with a non-refundable registration fee by June 1. Fundraising must be completed and received by June 10th. With your application and paid registration fee, you will receive a rider package that contains suggestions on equipment, information about the ride and pledge sheets.

SAFETY

We want you to ride safely! You must wear a helmet! All riders must sign a waiver in order to participate.

FUNDRAISING

Each rider is personally responsible for submitting the fundraising minimum (varies depending on length of ride selected). The \$50 registration fee (payable by check or credit card) is not refundable and will be applied to your fund-raising minimum.

Riders must provide a valid credit card number to secure registration. Those registered riders who fail to obtain the fundraising minimum by the start of the ride will incur a charge against their credit card sufficient to meet the stated minimum (varies with ride length).

CANCELLATION POLICY

Rider cancellations will be accepted through June 15th. Cancellations not received by June 15th will result in a charge against your credit card sufficient to meet the \$250 minimum.

FORMAT FOR THE 250-MILE TRANS-NH 3-DAY CHALLENGE

[Day 1: Friday, June 22nd – 100 miles](#)

7:30 AM – Start at the Canadian border on Route 3 north of Pittsburg, NH. Ride through northern NH, finishing in Littleton. Lodging, massages and dinner are provided.

[Day 2: Saturday, June 23rd – 75 miles](#)

9:00 AM – Leave Littleton and head south, up and over Kinsman Notch en route to the Lakes Region and the Landmark Inn in Laconia. Lodging, massages, breakfast and dinner are provided.

[Day 3: Sunday, June 24th – 65 miles](#)

7:30 and 9 AM - staggered start – Leave Laconia and the Lakes Region heading for the Seacoast. Follow picturesque Lake Winnepesaukee and then south through Alton Bay and Rochester en route to Portsmouth where we will have a fire truck escort before we reach the Red Hook Brewery at Pease Tradeport. Breakfast, massages and finish line barbecue are provided.

2012 TRANS-NH CHALLENGE APPLICATION

NAME: _____

ADDR: _____

City, ST, Zip _____

DAYTIME PHONE: _____

EVENING PHONE: _____

EMAIL: _____

D.O.B. _____ M ___ F ___

This is my _____ year participating.

Special Assistance Required?	Y	N
Firefighter?	Y	N
Vegetarian?	Y	N

All rooms are doubles, no single rooms. Please request your roommate by June 15. Note that we cannot guarantee all requests will be filled – our goal is to use the least number of rooms.

ROOMMATE REQUEST: _____

SHIRT SIZE: _____

I AM REGISTERING FOR:

_____ 3-DAY CHALLENGE (\$50 REGIS FEE)
I agree to turn in \$750 by June 10; see terms listed in fundraising section.

_____ 2-DAY RIDE (\$50 REGISTRATION FEE)
I agree to turn in \$500 by June 10; see terms listed in fundraising section.

_____ CELEBRATION SUNDAY (\$50 REG FEE)
I agree to turn in \$250 by June 10; see terms listed in fundraising section.

_____ SUPPORT / MESSAGE CREW (NO REGIS FEE)

PLEASE TURN THIS OVER TO COMPLETE THE REMAINDER OF YOUR APPLICATION.

REGISTRATION, continued

CHECKS PAYABLE to: Trans-NH Bike Ride
MAIL TO: 25 Wentworth Drive
Bedford, NH 03110

CREDIT CARD INFORMATION:

VISA___ MC___ Discover ___ Amex ___

NAME ON CARD _____

CREDIT CARD NO _____

Expiration_____Security code _____

SIGNATURE _____

IN CASE OF EMERGENCY PLEASE NOTIFY:

NAME: _____

PHONE: _____



RIDE 1, 2 or 3 DAYS

No time to train??
Can't get enough time off to do the whole ride??

No matter the reason, if you can't join us for the full 3-day Challenge, we offer 1 and 2 day alternatives:

TWO-DAY RIDE

- Your ride will start on Saturday, June 23rd
- Fundraising minimum for this option is \$500, the same conditions apply regarding credit card requirement and cancellation policy
- Riders are responsible for their own transportation to the start in Littleton
- Riders arriving on Friday evening will be responsible for their own accommodations
- Once your ride starts, everything you need is included – see our list elsewhere in this brochure

CELEBRATION SUNDAY

Join the Challenge for the most inspiring day you may ever spend on a bicycle.

- Your ride is Sunday, June 24h
- Fundraising minimum for this option is \$250, the same conditions apply regarding credit card requirement and cancellation policy
- Riders are responsible for their own transportation to the start in Laconia
- Riders arriving on Saturday evening will be responsible for their own accommodations
- Once your ride starts, everything you need is included – see our list elsewhere in the brochure
- Enjoy the camaraderie and positive energy as the riders follow a Fire Truck escort through the streets of Portsmouth to our finish party at the Red Hook Brewery at Pease Tradeport



TAKE THE CHALLENGE!!

Ride 1, 2 or 3 days

THE FIREFIGHTERS' CHALLENGE!!



Ride the
25th Annual Firefighters'

**TRANS-NEW HAMPSHIRE
BIKE RIDE**

For

The **MUSCULAR DYSTROPHY
ASSOCIATION**

June 22, 23 & 24, 2012

Trans-NH Bike Ride
25 Wentworth Dr
Bedford, NH 03110

www.transnhbikeride.org